

Google AdSense Approval: Follow-Along Workbook

Welcome to Your AdSense Journey!

This workbook is designed to be used alongside the video tutorial "From Zero to AdSense Approval with Manus AI." Print it out or keep it open on a second screen as you work through each phase.

Estimated Total Time: 2-6 weeks (depending on your starting point)

Success Rate: 90-95% approval likelihood when following this process completely

HOW TO USE THIS WORKBOOK

1. **Work through each phase in order** - Don't skip ahead
 2. **Check off items as you complete them** - Track your progress
 3. **Use the Manus prompts provided** - Copy and paste them directly
 4. **Take notes in the spaces provided** - Document your specific situation
 5. **Review the troubleshooting section** if you get stuck
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PHASE 1: FOUNDATION SETUP

Estimated Time: 3-5 days

Goal: Establish your basic website infrastructure and accounts

Checklist

- ☐ Create or verify Google account
 - Email address: _____
 - Account type: Personal / Business (circle one)
- ☐ Choose and set up website platform
 - Platform chosen: _____
 - Account created: Yes / No
- ☐ Register custom domain

- Domain name: _____
- Registrar: _____
- Expiration date: _____

☐ Connect domain to website platform

- DNS configured: Yes / No
- Domain propagated (24-48 hours): Yes / No

☐ Set up Manus AI account

- Account created: Yes / No
- Familiarized with interface: Yes / No

Action Items

1. Google Account Setup

If creating a new account, use a professional email format:

- Good: [yourname@gmail.com](#), [business@yourdomain.com](#)
- Bad: [coolkid123@gmail.com](#), [randomnumbers@gmail.com](#)

2. Website Platform Selection

Recommended platforms:

- Wix Studio (used in video tutorial)
- WordPress with hosting
- Squarespace
- Webflow

Key requirements:

- Custom domain support
- Ability to add custom code
- Professional templates
- Mobile responsive

3. Domain Registration

Tips for choosing a domain:

- Keep it short and memorable
- Make it relevant to your content
- Avoid hyphens and numbers

- Choose .com if available, .info or .net are acceptable alternatives

4. Manus AI Setup

Visit: manus.im

- Create account
- Explore the interface
- Review available integrations
- Test a simple prompt to get familiar

Manus Prompts for This Phase

Prompt 1: Platform Advice

Plain Text

I'm starting a website about [your niche] to eventually monetize with Google AdSense. I'm deciding between Wix, WordPress, and Squarespace. What are the pros and cons of each for AdSense approval, and which would you recommend for someone with [your technical skill level]?

Prompt 2: Domain Evaluation

Plain Text

I'm considering these domain names for my [niche] website: [list 3-5 options]. Which would be best for AdSense approval and SEO? Are there any red flags I should avoid?

Notes and Observations

What challenges did you face in this phase?

What worked well?

PHASE 2: ESSENTIAL PAGES

Estimated Time: 2-3 days

Goal: Create all mandatory pages required for AdSense approval

Checklist

☐ Homepage created

- Clear purpose statement: Yes / No
- Professional design: Yes / No
- Easy navigation: Yes / No

☐ About page created

- Who you are: Yes / No
- Your credentials/background: Yes / No
- Your mission: Yes / No
- Photo or professional image: Yes / No

☐ Contact information added

- Email address visible: Yes / No
- Contact form (optional): Yes / No

☐ Privacy Policy created

- Generated or written: _____
- **CRITICAL: Not in an iframe:** Yes / No
- Crawlable (verified): Yes / No
- Covers data collection: Yes / No
- Covers cookies: Yes / No
- Covers third-party services: Yes / No
- Covers user rights: Yes / No

☐ Terms & Conditions created

- Generated or written: _____
- **CRITICAL: Not in an iframe:** Yes / No
- Crawlable (verified): Yes / No
- Covers user responsibilities: Yes / No
- Covers limitations of liability: Yes / No

Action Items

1. Homepage

Your homepage should immediately communicate:

- What your site is about
- Who it's for
- What value you provide

Include:

- Clear headline
- Brief description
- Navigation to main sections
- Call to action (subscribe, read blog, etc.)

2. About Page

This builds trust with both visitors and Google. Include:

- Your name and credentials
- Why you created this site
- What makes you qualified to write about your topic
- Your mission or goals
- A professional photo (optional but recommended)

3. Privacy Policy

CRITICAL WARNING: Do not use iframe embeds for your Privacy Policy!

Options:

- Use a privacy policy generator (like Termly.io) but paste the content directly as native text
- Hire a lawyer to write one
- Use a template and customize it

Must include:

- What data you collect
- How you use it
- Third-party services (including AdSense)
- Cookie policy
- User rights (GDPR compliance)

4. Terms & Conditions

Similar to Privacy Policy—must be native content, not an iframe.

Must include:

- User responsibilities
- Acceptable use policy
- Intellectual property rights
- Limitations of liability
- Dispute resolution

Manus Prompts for This Phase

Prompt 3: Homepage Review

Plain Text

Please review my homepage at [your URL] and provide feedback on whether it meets Google AdSense requirements. Check for: clear purpose, professional design, easy navigation, and trustworthiness signals.

Prompt 4: Privacy Policy Verification

Plain Text

Please check my Privacy Policy page at [your URL] and verify:

1. Is the content crawlable (not in an iframe)?
2. Does it cover all necessary sections for AdSense approval?
3. Are there any missing elements?

Prompt 5: About Page Enhancement

Plain Text

Here's my About page draft: [paste your content]. Please suggest improvements to make it more compelling and trustworthy for AdSense reviewers. What credentials or information should I add?

Iframe Crawlability Test

How to check if your Privacy Policy is crawlable:

1. Ask Manus:

Plain Text

Please navigate to my Privacy Policy page at [your URL] and tell me how many characters of content you can extract. If it's less than 10,000 characters, there's likely an iframe problem.

1. If Manus reports low character count:

Plain Text

My Privacy Policy is in an iframe. Please extract the full content and create a formatted version I can paste directly into my website as native content, preserving all headings, links, and formatting.

Notes and Observations

Did you encounter the iframe problem?

How did you solve it?

PHASE 3: CONTENT CREATION

Estimated Time: 2-4 weeks

Goal: Create 15-20+ high-quality, original articles

Checklist

Content Planning:

- ☐ Identified 5-7 main content categories
- ☐ Created list of 20+ article topics
- ☐ Established publishing schedule

Content Creation:

- ☐ Article 1: _____ (Date: _____)
- ☐ Article 2: _____ (Date: _____)
- ☐ Article 3: _____ (Date: _____)
- ☐ Article 4: _____ (Date: _____)
- ☐ Article 5: _____ (Date: _____)

- ☐ Article 6: _____ (Date: _____)
- ☐ Article 7: _____ (Date: _____)
- ☐ Article 8: _____ (Date: _____)
- ☐ Article 9: _____ (Date: _____)
- ☐ Article 10: _____ (Date: _____)
- ☐ Article 11: _____ (Date: _____)
- ☐ Article 12: _____ (Date: _____)
- ☐ Article 13: _____ (Date: _____)
- ☐ Article 14: _____ (Date: _____)
- ☐ Article 15: _____ (Date: _____)
- ☐ Article 16: _____ (Date: _____)
- ☐ Article 17: _____ (Date: _____)
- ☐ Article 18: _____ (Date: _____)
- ☐ Article 19: _____ (Date: _____)
- ☐ Article 20: _____ (Date: _____)

Content Quality Check:

- ☐ All articles 800+ words (target: 1000-1500)
- ☐ All articles original (not copied)
- ☐ All articles valuable (solve problems/answer questions)
- ☐ All articles well-formatted (headings, paragraphs, lists)
- ☐ All articles have featured images
- ☐ No duplicate content across articles

Action Items

1. Content Strategy

Choose 5-7 main categories that:

- Align with your expertise
- Serve your target audience
- Have sufficient depth for multiple articles

- Are AdSense-friendly (no prohibited topics)

2. Article Standards

Each article should:

- Be 800-1500 words minimum
- Have a clear structure (intro, body, conclusion)
- Use headings and subheadings (H2, H3)
- Include relevant images
- Provide actionable value
- Be written in your authentic voice

3. Publishing Schedule

Aim for consistency:

- Minimum: 2 articles per week
- Recommended: 3-4 articles per week
- Avoid: Publishing all at once, then going silent

4. Content Quality Checklist

Before publishing each article, verify:

- ☐ Original content (not copied from elsewhere)
- ☐ Proper grammar and spelling
- ☐ Clear, readable sentences
- ☐ Logical flow and structure
- ☐ Value provided to reader
- ☐ No prohibited content (adult, violence, illegal, etc.)
- ☐ No deceptive practices
- ☐ Properly attributed sources/citations

Manus Prompts for This Phase

Prompt 6: Content Strategy

Plain Text

I'm creating a website about [your niche] for [your target audience]. Help me develop a content strategy that will meet Google AdSense requirements.

Suggest 5-7 main content categories and explain why each would be valuable for both my audience and AdSense approval.

Prompt 7: Topic Generation

Plain Text

For my [niche] website, suggest 20 blog post topics that would:

1. Provide genuine value to [your audience]
2. Demonstrate expertise and authority
3. Be AdSense-friendly
4. Cover different aspects of my main categories

Prompt 8: Article Outline

Plain Text

Create a detailed outline for a blog post about [specific topic]. Include:

- Engaging introduction
- 4-6 main sections with subheadings
- Key points to cover in each section
- Conclusion with call to action

Target length: 1200-1500 words

Prompt 9: Content Quality Review

Plain Text

Please review this article draft for AdSense compliance:

[paste your article]

Check for:

1. Content quality and originality
2. Readability and structure
3. SEO optimization
4. Policy violations
5. Areas for improvement

Prompt 10: Content Audit

Plain Text

Please review all the blog posts on my website at [your URL] and provide:

1. A quality assessment of each post
2. Identification of thin content (under 800 words)

3. Detection of duplicate or overlapping content
4. Recommendations for improvement
5. Overall readiness for AdSense application

Content Creation Tracker

Article #	Topic	Word Count	Published Date	Quality Score (1-10)
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				

Notes and Observations

What content performed best with your audience?

What was most challenging about content creation?

PHASE 4: TECHNICAL OPTIMIZATION

Estimated Time: 1-2 weeks

Goal: Implement technical SEO and fix all critical issues

Checklist

Structured Data:

- ☐ Entity schema (Person/Organization) implemented
- ☐ BlogPosting schema on all articles
- ☐ Breadcrumb schema implemented
- ☐ Verified with Google Rich Results Test

Site Audit:

- ☐ Conducted comprehensive site audit (Ahrefs/similar tool)
- ☐ Documented all issues found
- ☐ Prioritized issues by impact

Critical Fixes (Must Do):

- ☐ Fixed all 404 errors
- ☐ Added internal links to orphan pages
- ☐ Fixed broken internal links
- ☐ Verified Privacy Policy crawlability
- ☐ Verified Terms & Conditions crawlability

High-Priority Fixes (Should Do):

- ☐ Resolved indexability issues
- ☐ Fixed redirect chains
- ☐ Added missing meta descriptions
- ☐ Added missing H1 tags
- ☐ Optimized page titles

Nice-to-Have Fixes (Optional):

- ☐ Improved page speed
- ☐ Added alt text to images
- ☐ Completed Open Graph tags
- ☐ Optimized images

Internal Linking:

- ☐ Created internal linking strategy
- ☐ Implemented 15-20 strategic internal links
- ☐ Verified all links work correctly

Action Items

1. Structured Data Implementation

Structured data tells Google what your content represents. Essential types:

- **Entity Schema:** Defines you (Person) and your brand (Organization)
- **BlogPosting Schema:** Defines each article with author, date, headline, etc.
- **Breadcrumb Schema:** Shows your site structure

2. Site Audit

Use a tool like Ahrefs, SEMrush, or Screaming Frog to:

- Crawl your entire site
- Identify technical issues
- Get a health score
- Prioritize fixes

3. 404 Errors

These are broken pages that return "not found" errors. Fix by:

- Creating 301 redirects to correct pages

- Restoring deleted pages if they had value
- Removing links to broken pages

4. Orphan Pages

Pages with no internal links pointing to them. Fix by:

- Adding links from related articles
- Including in navigation menu
- Adding to sitemap

5. Internal Linking

Connect related articles to:

- Help users discover content
- Distribute page authority
- Show Google your site structure

Aim for 15-20 strategic internal links minimum.

Manus Prompts for This Phase

Prompt 11: Structured Data Implementation

Plain Text

I need to implement structured data on my website to improve AdSense approval chances. Please:

1. Create Entity schema for me (Person) and my brand (Organization)
2. Verify BlogPosting schema is present on my articles
3. Create and implement Breadcrumb schema
4. Use the Wix API (or appropriate method for my platform) to inject this data
5. Verify it's working with Google's Rich Results Test

Prompt 12: Site Audit Analysis

Plain Text

I'm logged into Ahrefs (or similar tool). Please analyze my site audit reports and create a prioritized action plan to achieve a 100% health score. Focus on issues that would impact AdSense approval. Organize by:

- Priority 1: Must fix before applying
- Priority 2: Should fix before applying
- Priority 3: Nice to fix but not critical

Prompt 13: Internal Linking Strategy

Plain Text

Analyze my blog posts at [your URL] and suggest 20 high-priority internal links that will:

1. Strengthen my site's SEO
2. Improve user experience
3. Create topical clusters
4. Demonstrate site structure to Google

For each link, specify:

- Which post to edit
- Where to add the link (section/paragraph description)
- What anchor text to use
- Which post to link to
- Why this connection matters

Prompt 14: Crawlability Verification

Plain Text

Please conduct a crawlability test on these critical pages:

1. Homepage: [URL]
2. Privacy Policy: [URL]
3. Terms & Conditions: [URL]
4. About page: [URL]

For each page, report:

- How many characters of content you can extract
- Whether any content is in iframes
- Any crawlability issues
- Recommendations for fixes

Technical Issues Tracker

Issue Type	Count	Priority	Status	Notes
404 Errors				
Orphan Pages				
Broken Links				
Missing Meta Descriptions				

Missing H1 Tags				
Slow Pages				
Missing Alt Text				
Redirect Chains				
Indexability Issues				

Notes and Observations

What was the most critical technical issue you discovered?

How did Manus help you solve it?

PHASE 5: PRE-SUBMISSION REVIEW

Estimated Time: 2-3 days

Goal: Conduct final comprehensive review before submitting

Checklist

Content Review:

- ☐ Minimum 15-20 articles published
- ☐ All articles 800+ words
- ☐ No duplicate content
- ☐ No thin content
- ☐ No prohibited content
- ☐ Consistent publishing schedule demonstrated

Technical Review:

- ☐ Structured data implemented and verified
- ☐ All 404 errors fixed
- ☐ No orphan pages

- ☐ Internal linking implemented
- ☐ Privacy Policy crawlable (verified!)
- ☐ Terms & Conditions crawlable (verified!)
- ☐ Site health score 85%+ (if using audit tool)

Essential Pages Review:

- ☐ Homepage clear and professional
- ☐ About page complete with credentials
- ☐ Contact information visible
- ☐ Privacy Policy complete and crawlable
- ☐ Terms & Conditions complete and crawlable
- ☐ All pages mobile-responsive

User Experience Review:

- ☐ Site loads quickly (under 3 seconds)
- ☐ Navigation is intuitive
- ☐ No broken links
- ☐ Images load properly
- ☐ Site works on mobile devices
- ☐ No intrusive pop-ups or ads

Policy Compliance Review:

- ☐ No adult content
- ☐ No violent content
- ☐ No illegal content
- ☐ No copyright violations
- ☐ No deceptive practices
- ☐ No click-bait headlines
- ☐ No misleading content

Traffic Review:

- ☐ Some organic traffic (even small amount)

- ☐ Traffic sources look legitimate
- ☐ No suspicious traffic patterns
- ☐ Analytics installed and tracking

Action Items

1. Comprehensive Site Review

Go through your entire site as if you were a Google reviewer:

- Read several articles completely
- Test all navigation links
- Check all pages on mobile
- Verify legal pages are complete
- Look for anything that seems unprofessional

2. Manus Final Audit

Have Manus conduct a comprehensive pre-submission review to catch any remaining issues.

3. Third-Party Review

Ask a friend or colleague to:

- Browse your site
- Give honest feedback
- Identify anything confusing or broken
- Assess overall professionalism

4. Approval Likelihood Assessment

Be honest with yourself:

- Does your site provide genuine value?
- Would you trust this site if you found it on Google?
- Does it look professional and complete?
- Have you fixed all known technical issues?

If you answer "yes" to all of these, you're ready.

Manus Prompts for This Phase

Prompt 15: Comprehensive Pre-Submission Review

Plain Text

Please conduct a comprehensive pre-AdSense review of my website at [your URL]. This is my final check before submitting my application.

Please review:

1. Content quality and quantity
2. Technical SEO and site health
3. Privacy Policy and Terms & Conditions (verify crawlability!)
4. Essential pages (Homepage, About, Contact)
5. Policy compliance
6. User experience
7. Mobile responsiveness

Provide:

- A realistic assessment of my approval likelihood (percentage)
- Any critical issues that must be fixed before applying
- Any recommended improvements
- A final go/no-go recommendation

Prompt 16: Mobile Experience Check

Plain Text

Please check my website [your URL] for mobile responsiveness. Test:

1. Homepage
2. A sample blog post
3. Privacy Policy page
4. About page

Report any issues with:

- Layout on mobile devices
- Text readability
- Image sizing
- Navigation usability
- Loading speed

Prompt 17: Policy Compliance Scan

Plain Text

Please scan my website [your URL] for any content that might violate Google AdSense policies. Check for:

- Prohibited content types
- Deceptive practices
- Copyright issues
- Inappropriate language

- Misleading claims

Flag anything that could cause rejection.

Final Readiness Assessment

Rate yourself honestly on each criterion (1-10):

Criterion	Self-Rating	Manus Assessment	Ready?
Content Quality	/10	/10	Y / N
Content Quantity	/10	/10	Y / N
Technical SEO	/10	/10	Y / N
Privacy Policy	/10	/10	Y / N
Terms & Conditions	/10	/10	Y / N
User Experience	/10	/10	Y / N
Mobile Experience	/10	/10	Y / N
Policy Compliance	/10	/10	Y / N

Overall Readiness: _____ / 80

Manus Approval Likelihood: _____ %

Decision: Ready to Apply / Need More Work

Notes and Observations

What was your biggest concern before the final review?

Did Manus identify any issues you missed?

PHASE 6: SUBMISSION

Estimated Time: 30 minutes (plus 1-14 days waiting)

Goal: Submit your application correctly and wait for approval

Checklist

Before Submitting:

- ☐ Completed all previous phases
- ☐ Manus approval likelihood 90%+
- ☐ All critical issues fixed
- ☐ Feeling confident

Submission Process:

- ☐ Visited google.com/adsense
- ☐ Signed in with Google account
- ☐ Started application
- ☐ Entered website URL correctly
- ☐ Received AdSense code snippet
- ☐ Added code to website header
- ☐ Verified code is working
- ☐ Completed profile information
- ☐ Provided accurate payment details
- ☐ Submitted application
- ☐ Received confirmation email

While Waiting:

- ☐ Continued publishing content
- ☐ Monitored site performance
- ☐ Did NOT make major changes
- ☐ Checked email daily for updates

Action Items

1. Application Submission

Step-by-step process:

1. Go to google.com/adsense
2. Click "Get Started"

3. Enter your website URL (double-check for typos!)
4. Enter your email address
5. Choose whether to receive performance suggestions

2. Adding AdSense Code

Google will provide a code snippet that looks like:

Plain Text

```
<script async  
src="https://pagead2.googlesyndication.com/pagead/js/adsbygoogle.js?  
client=ca-pub-XXXXXXXXXX" crossorigin="anonymous"></script>
```

For Wix:

- Go to Settings > Custom Code
- Click "+ Add Custom Code"
- Paste the code
- Select "Head" as the placement
- Apply to "All Pages"
- Save

For WordPress:

- Use a plugin like "Insert Headers and Footers"
- Or add to your theme's header.php file

For Other Platforms:

- Follow platform-specific instructions for adding code to site header

3. Verify Code Installation

After adding the code:

- Return to AdSense
- Click "I've placed the code"
- Google will verify (may take a few minutes to 24 hours)

4. Complete Your Profile

Provide accurate information:

- Full legal name
- Complete address

- Phone number
- Payment details

This is a legal agreement—accuracy is crucial.

5. Submit and Wait

After submission:

- You'll receive a confirmation email
- Review typically takes 1-7 days
- Can take up to 2 weeks in some cases
- Google will email you with their decision

6. While Waiting

DO:

- Continue publishing quality content
- Monitor your site for technical issues
- Keep your site accessible and functional

DON'T:

- Make major design changes
- Delete pages
- Change your domain
- Click on test ads (if any appear)

Submission Details

Application Date: _____

Website URL Submitted: _____

Google Account Email: _____

AdSense Code Added: Yes / No

Code Verified by Google: Yes / No

Profile Completed: Yes / No

Confirmation Email Received: Yes / No

Waiting Period Tracker

Date	Days Waiting	Status	Notes
	1	Submitted	
	2		
	3		
	4		
	5		
	6		
	7		
	8		
	9		
	10		
	11		
	12		
	13		
	14		

Notes and Observations

How did you feel when you hit submit?

What did you do while waiting?

PHASE 7: APPROVAL & NEXT STEPS

Goal: Celebrate approval and set up ads properly

If Approved 

Checklist:

- ☐ Received approval email
- ☐ Logged into AdSense dashboard
- ☐ Reviewed ad unit options
- ☐ Created first ad units
- ☐ Placed ads on site
- ☐ Verified ads are showing
- ☐ Set up payment method
- ☐ Reviewed AdSense policies
- ☐ Committed to maintaining quality

Action Items:

1. Create Ad Units

Start conservatively:

- 1-2 display ads per page
- 1 in-article ad
- 1 matched content unit (if eligible)

1. Ad Placement Strategy

Recommended placements:

- One ad above the fold (visible without scrolling)
- One ad within article content (after 2-3 paragraphs)
- One ad in sidebar (if you have one)
- One ad at bottom of article

1. Monitor Performance

Track:

- Impressions
- Clicks
- CTR (Click-Through Rate)
- Earnings
- User experience impact

1. Maintain Quality

Continue:

- Publishing quality content
- Monitoring site health
- Following AdSense policies
- Optimizing user experience

Celebration Notes:

Approval Date: _____

First Earnings Date: _____

First Month Earnings: \$ _____

Key Lessons Learned:

If Rejected

Checklist:

- ☐ Read rejection email carefully
- ☐ Identified specific reason (if provided)
- ☐ Did NOT reapply immediately
- ☐ Consulted with Manus for analysis
- ☐ Identified and fixed issues
- ☐ Waited 30 days before reapplying
- ☐ Made significant improvements
- ☐ Resubmitted with confidence

Action Items:

1. Understand the Rejection

Common rejection reasons:

- Insufficient content
- Privacy Policy issues (often iframe problem!)
- Site navigation problems
- Prohibited content
- Deceptive practices

- Copyright violations
- Incomplete site

1. Manus Analysis

Prompt 18: Rejection Analysis

Plain Text

I received an AdSense rejection with this reason: [paste rejection message]

Please:

1. Analyze what this rejection reason likely means
2. Audit my website [your URL] to identify the specific issues
3. Create a detailed action plan to fix these issues
4. Assess how long fixes will take
5. Provide a timeline for reapplication

1. Fix and Improve

Don't just fix the obvious issue—use this as an opportunity to:

- Improve content quality
- Enhance user experience
- Fix all technical issues
- Make your site significantly better

1. Wait 30 Days

Google requires a 30-day waiting period between applications. Use this time wisely:

- Implement all fixes
- Add more content
- Improve site quality
- Build traffic

1. Reapply with Confidence

When you reapply:

- Ensure you've addressed the rejection reason
- Make sure your site is significantly improved
- Have Manus conduct another pre-submission review
- Submit with confidence

Rejection Analysis:

Rejection Date: _____

Stated Reason: _____

Actual Issues Identified:

- 1.
- 2.
- 3.

Action Plan:

- 1.
- 2.
- 3.

Reapplication Target Date: _____

TROUBLESHOOTING GUIDE

Common Problems and Solutions

Problem: "I can't find the AdSense code placement in my platform"

Solution:

- Wix: Settings > Custom Code
- WordPress: Use "Insert Headers and Footers" plugin
- Squarespace: Settings > Advanced > Code Injection
- If still stuck, ask Manus: "How do I add custom code to the header of my [platform] website?"

Problem: "My Privacy Policy is in an iframe and I don't know how to fix it"

Solution:

Plain Text

Manus Prompt: "My Privacy Policy at [URL] is in an iframe. Please extract the full content and create a formatted HTML version that I can paste directly into my website as native content. Preserve all headings, links, and formatting."

Problem: "I don't understand my Ahrefs audit results"

Solution:

Plain Text

Manus Prompt: "I'm logged into Ahrefs and looking at my site audit for [your URL]. Please explain what the health score means, what the most critical issues are, and create a prioritized fix list focusing on AdSense approval requirements."

Problem: "I'm not sure if my content is good enough"

Solution:

Plain Text

Manus Prompt: "Please review my recent blog posts at [your URL] and assess their quality for AdSense approval. For each post, rate the quality (1-10) and provide specific improvement suggestions."

Problem: "My internal links keep disappearing when I paste content into Wix"

Solution:

- Use the HTML method described in the video
- Or ask Manus: "Create an HTML file with my FAQ content and all internal links preserved, formatted so I can open it in a browser, copy the formatted content, and paste it into Wix without losing links."

Problem: "I applied and got rejected, but I don't understand why"

Solution:

Plain Text

Manus Prompt: "I received this AdSense rejection: [paste rejection message]. Please analyze my website at [your URL] and identify the specific issues that likely caused this rejection. Create a detailed action plan to fix them."

Problem: "I'm stuck and don't know what to do next"

Solution:

- Review this workbook from the beginning
- Check off what you've completed
- Identify what's missing

- Ask Manus: "I'm working on AdSense approval for [your URL]. I've completed [list what you've done]. What should I focus on next?"
-

FINAL THOUGHTS

You've Got This!

Getting AdSense approval is challenging, but it's absolutely achievable. By following this workbook systematically and using Manus AI as your strategic partner, you have a 90-95% chance of approval.

Key Success Factors

1. **Patience** - Don't rush the process
2. **Quality** - Focus on creating genuine value
3. **Technical Excellence** - Fix all the issues you can find
4. **Persistence** - Don't give up if you get rejected
5. **Partnership** - Use Manus to guide you through challenges

Remember

- This process took the creator 18 months without proper guidance
- With this workbook and Manus, you can do it in 2-6 weeks
- Every successful AdSense publisher faced the same challenges you're facing
- The difference is having the right tools and the right process

Community

Share your journey:

- Comment on the video with your progress
- Help others who are stuck
- Celebrate your wins
- Learn from your challenges

Good Luck!

You're now equipped with everything you need to achieve AdSense approval. Follow the process, trust the system, and you'll get there.

When you get approved, come back and share your success story!

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